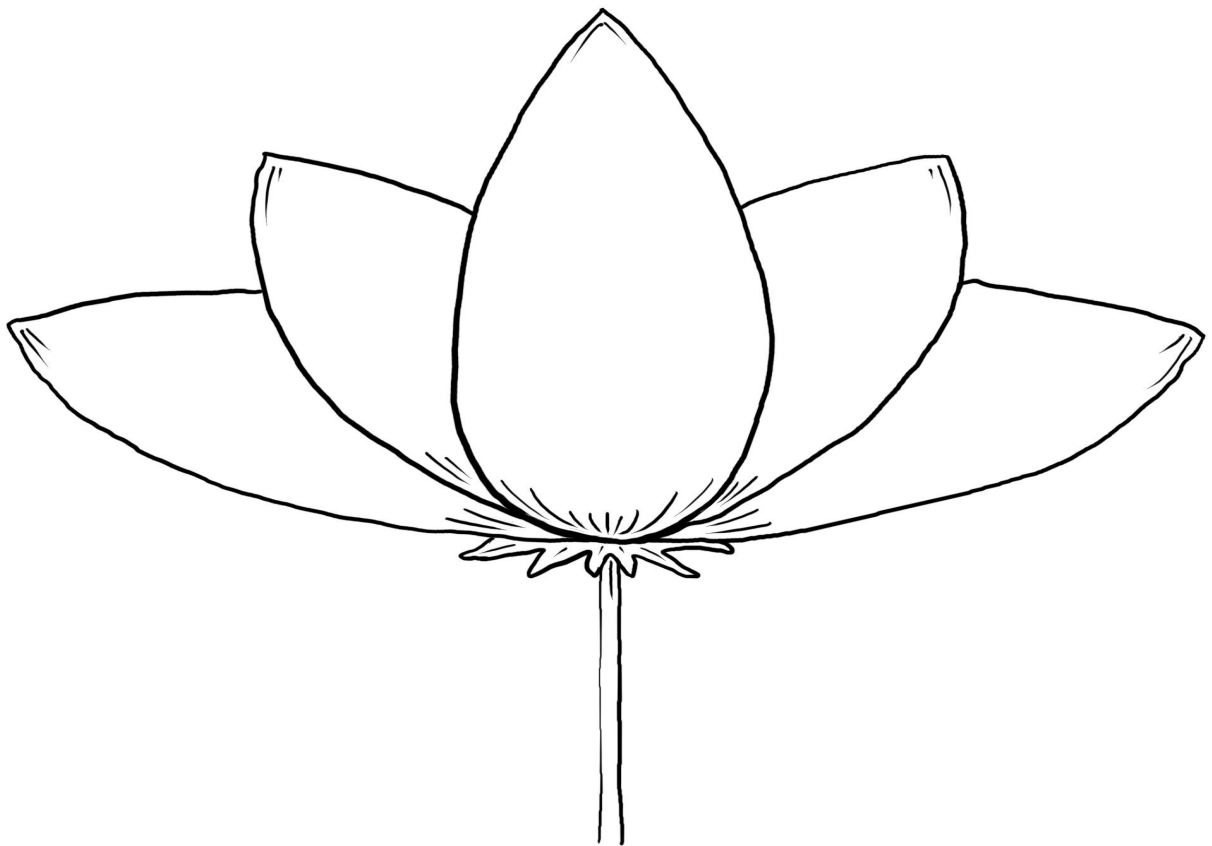










Lotus flower activity



 Cut out the lotus flower and then draw or write in each petal one act of kindness that you have done for others. Then decorate the lotus with coloured pencils, glitter, etc. Share the result with the whole group.

  Cut out the lotus flower and then draw or write in each petal one act of kindness which you have done for others. Then cut out another lotus flower and write in each petal one act of kindness which others have done for you. Then decorate the lotuses with coloured pencils, glitter, etc. Share the result with the whole group.

   Create your own fantasy flower and write in each petal one act of kindness which you have done for others or others have done for you. Then decorate your flower with coloured pencils, glitter, etc. Share the result with the whole group.