



Ten Acts of the Buddha

In Theravada Buddhism, the life of the Buddha is presented in terms of Ten Acts.

1. Conception
2. Physical birth
3. Accomplishment in worldly skills
4. Youth: a life of pleasure and indulgence
5. Leaving the palace
6. Life as an ascetic
7. Victory over Mara
8. Enlightenment
9. Spreading the teaching
10. Death or passing away



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