



The Buddhist path worksheet

Below are multiple choice questions. Please circle the correct answers in each case. There may be just one correct answer or there may be several.

1. What characterizes an arhat?

No more desire	Works hard to attain the goal	Enlightened
No more laziness	Distracted	Sometimes aggressive
Enthusiasm	Compassionate	Wise
Peace of mind	Self-centred	Greedy

2. What characterizes a Buddhist monk?

Peaceful mind	Learned	Wears a robe
Generous	Good meditator	Comfortably off
Shaved head	Helps others	Begs for food
Disciplined	Celibate	Owens a fan

3. What activities do Buddhist laypeople typically engage in?

Pilgrimage	Building family	Vegetarian diet
Meditation	Long retreats	Fishing
Prayer	Partying	Gambling
Giving to the poor	Going to a temple once a week	Lighting lamps



4. What characterizes the Mahayana tradition?

Strict discipline	Devotional prayers	Celibacy
Monastic life	Pilgrimage	Enjoyment of life
Vegetarianism	Compassion & kindness	Rigid rules
No ethics	Relaxed atmosphere	Social engagement