

Creative Exercise: I am connected

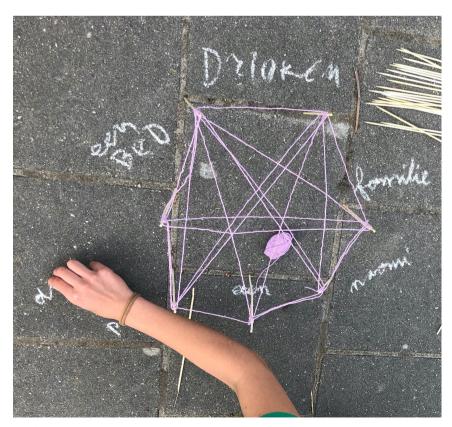


- Small balls of rope/string/wool
- Satay sticks/skewers
- Sidewalk chalk
- A place with street tiles/stones (not a complete asphalted playground)

Activity

Explain the activity inside and then go outside on the playground. Give everyone a spot to work.

Start by sticking one satay stick into a space between the tiles. After sticking it in, write your name next to it. Then put 3 other sticks a tile further and connect the sticks with the rope by dragging it around the sticks 2 times (you don't have to make a knot). Write the names of the things and people to whom you're



Age 5–11 | Everything is Connected

Windows into **Buddhism**



connected to next to these sticks. Then continue from there... What was needed for these? Or what influences them?

