

The path in Nikaya Buddhism worksheet

1.	List the eight aspects of the Buddhist path.
2.	Group these eight aspects under the headings of the three Higher Trainings:
a)	Ethical discipline
b)	Meditation
c)	Wisdom
3.	What symbol is used to represent this Buddhist path?
4.	What qualities are laypeople encouraged to develop?

Windows into **Buddhism**



5. Name some of the commitments that monks make.